



TLCS, Inc.

October, 2013

***"Transforming Lives By Promoting Successful
Community Living For People With Psychiatric
and Other Disabilities"***

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Message from the Executive Director

Some say laughter is the best medicine. I say, "Bring it on, and make it habit forming!"

For a number of years, TLCS held a Comedy Night fundraiser. It gave us the opportunity to not only laugh and raise badly needed funds, but also to highlight the work we do in the community and to recognize some of the people who help make it possible.

After a long absence, we're delighted to bring back the laughter, with our "Stand Up Sacramento" Comedy Showcase. As described later in this newsletter, it will be held on Tuesday, December 3rd at The Crest Theater in downtown Sacramento. It will feature seven terrific local comics and a chance to learn more about TLCS. Oh, yes, and some great medicine!

Michael Lazar, Executive Director

Stories of Hope

Daniel Bejarano, Employment Specialist -TCORE



Daniel is a consumer himself. His mental illness was diagnosed at age 30. For several years he was unable to work. People he interacted with told him he "should be happy to be on SSI and live in subsidized housing." Daniel credits a particular psychiatrist with giving him the hope to reenter the workforce in a meaningful way. Because this man believed in recovery, Daniel began to have hope. Daniel has worked for TLCS for 14 years. In his job as Employment Specialist he strives everyday to give that same hope to his clients. He believes in the power of meaningful activity in making people feel included in their community. He continually advocates with employers to encourage them to hire clients that have expressed a willingness to work. He stays in touch with clients afterwards to help them stay employed when symptoms reappear or stresses threaten to derail them. Daniel recently told his story on video which is posted on Indiegogo, a crowd funding site where TLCS is raising money to open the TLCS "Clubhouse" Enrichment Center so that we can serve more clients that want to reenter the workforce or find meaningful volunteer activities.

BUY YOUR TICKETS NOW!

TLCS Presents:

"Stand Up Sacramento" Comedy Showcase

"Giving Tuesday" December 3, 2013 5:30pm
at **The Crest Theater 1013 K Street**

For Sponsorship or ticket information:
please call Erin Johansen (916) 441-0123 x 115
or email: ejohansen@tlcssac.org

[Click Here For Tickets](#)

General Admission: \$20 **VIP:\$100**
(includes food, beverages and silent auction.)

Comic Line Up: MC's: Randi Knott and Ruben Mora
Ellis Rodriquez, Diego Curiel, Cheryl the Soccer Mom, Michael Calvin and Dennis Gaxiola!

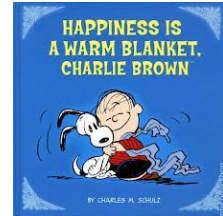


We are grateful to these hilarious comedians for donating their time and talent and to all our

sponsors for making this event happen!

"Wish and Dream" Blanket Drive

TLCS has been awarded a Federal Grant to provide housing to 48 people currently living on the streets. We need to move quickly as winter is coming and we can use your help. Can you donate a clean blanket, a new pillow and/or a set of towels? If you can help please drop off at: 940 Enterprise Dr., Sacramento, CA 95825 between 9am and 4pm M-F until November 15, 2013



Michele Adams, Agent

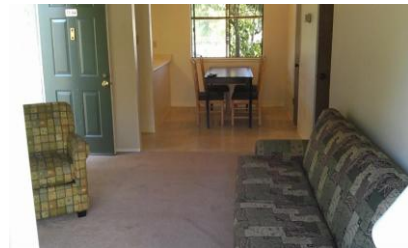
916/927-0546

michele@micheleadams.net

The cost of this set is approximately \$50 so if you prefer we will gladly accept your donation via PayPal [here](#).

A Place to Call Home

[Free Ride Fusion](#) in Rocklin really stepped up to assist our "Wish and Dream" recipients. It costs about \$1,000 per person to furnish and supply these new apartments. Cindy and George Moll of Free Ride Fusion in Rocklin answered our call. They supplied furniture for the first 10 individuals who received housing from this grant. We are so very grateful for their help and so are the clients who received this lovely furniture!



Free Ride Fusion
4041 Alves Court #B
Rocklin, CA 95677
(916)259-1904

DID YOU KNOW?

50 years ago, President Kennedy defined civil rights and equality as a moral issue

- "It's also a moral issue that people with mental illness are treated equally" Patrick Kennedy
- Those with mental illness and brain injuries face stigma and inadequate health care,
- JFK championed helping the mentally ill, it's time to re-dedicate our efforts



"In America in 2013, thousands of our fellow citizens are still marginalized. They are still discriminated against. They face stigma every day. Today, too many Americans are told that they're less entitled to health care than those who have diseases like diabetes or cancer or asthma, just because the origin of their illness is in their brain." Patrick Kennedy

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(916) 441-0123

tlcssac.org

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Please Donate Now!