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George Ehrlick

Marcie Larkey

Randi Knott

Jeff Robertson

Erin Johansen

### Advisory Board:

Brad Sutton

Michael Lazar

Dr. Aguilar-Gaxiola

Thank you for your  
service!



Please think of TLCS  
when you plan your will  
or estate plan!

We believe that the potential for life change is not only possible, but at times, miraculous.

ADDRESS HERE

**BIG**  
DAY OF  
GIVING **MAY 3**

**24 HOURS  
TO GIVE  
WHERE YOUR  
HEART IS**

Please support TLCS at [www.bigdayofgiving.org](http://www.bigdayofgiving.org) on May 3, 2016!



### Giving Forward.... A chain of Generosity

- A gift of \$25 buys cleaning supplies a set of towels, a blanket or pots and pans.
- A gift of \$50 buys sheets, pillow and blanket.
- A gift of \$200 buys a bed, delivered and set up.
- A gift of \$500 will buy furniture for an apartment.
- A gift of \$1,000 will furnish and equip an entire apartment.

*Having a safe, affordable place to call home is the first step towards successful community living.*



**BIG**  
DAY OF  
GIVING **MAY 3**

24 Hours to Give Where  
Your Heart Is

Please Support TLCS

Visit:

[www.bigdayofgiving.org](http://www.bigdayofgiving.org)  
and search for "TLCS"

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Serving the  
Community Since  
1981

# Annual Report 2016

"Transforming and empowering the lives of people with mental illness  
by supporting independence and preventing homelessness."

April 2016

## TLCS Embarks on New Community Partnerships

The Triage Navigator Program is a collaboration between Sacramento County Division of Behavioral Health Services and TLCS, Inc. The goal of this program is to improve the experience of individuals with mental health distress in Sacramento County. Triage Navigators are located throughout the county in local Emergency Departments, the Sacramento Main Jail and the Loaves & Fishes Campus. Triage Navigators along with our community partners are working to reduce inappropriate emergency department visits and incarcerations, while connecting people to community resources and services. In addition, a team of Peer Navigators who have experienced similar challenges are able to follow up for up to 60 days from intake to ensure people receive the help they need.

## Clubhouse shows great successes!



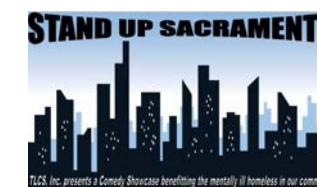
The TLCS Clubhouse is a place where individuals with mental illness can find support and mental health recovery through community involvement, personal achievement and employment. We are proud that today our original 6 Peer Mentors at the Clubhouse are well on their way to paid employment.

Frank has completed 16 months as a Clubhouse mentor, the NAMI Peer to Peer class and is currently pursuing a position as a Peer Counselor within the mental health system and serves on the board for Mental Health America.

Jenn is on the board for Walk for Mental Health, is a speaker for the Sacramento County Stop Stigma Campaign and is currently pursuing paid employment in the county mental health system. Billy is working to return to his former career in the auto parts business after taking steps to regain his driver's license. These are just a few of the success stories to come from the Clubhouse in the first 16 months of its existence!!!

## "Stand Up Sacramento" Proves That Laughter Is The Best Medicine!!!!

The third annual "Stand Up Sacramento" Comedy Showcase featured 6 hilarious comics who volunteered their time and talent to help us raise money to support all the various services we provide at TLCS for people living with mental illness.



600 Community members were in attendance and we are grateful for all our guests, sponsors, volunteers and talent. We were able to raise over \$60,000! **Please join us for the 4th Annual "Stand Up Sacramento" on December 7th, 2016!**

We can create a very special holiday party for your business complete with food, drink and entertainment. You can even do your Christmas shopping at our silent auction!



## Save the Dates For a Free Concert Series Benefitting TLCS!

Join RSVP Sacramento as they sing the night away at four concerts throughout the area. All are free to the public and all donation proceeds will benefit TLCS. Jazz, Classical, Pop and more, something for everyone!

Fri, May 13 at 7:30pm - Journey Church - 450 Blue Ravine Road, Folsom

Sat, May 14 at 7:30pm - St. Mark's Lutheran Church - 7869 Kingswood Dr, Citrus Heights

Fri May 20th & Sat May 21 at 7:30pm - St. John's Lutheran Church - 1701 L St, Sacramento

# TLCS By The Numbers

**1,000 Individuals**  
Improved their quality of life through housing stability and mental health services

**97%** of program participants remained in stable housing last year

**200+ Individuals**  
flourish in TLCS supportive housing

**Over 2,000 Crisis Interventions per year**

Lives are saved  
ER visits are reduced  
Fewer arrests and incarcerations

Miraculous change occurs when people receive compassionate care through a variety of programs

## A Message from Erin Johansen, Executive Director

I am humbled and honored to serve as the Executive Director of TLCS following in the footsteps of the recently retired, Michael Lazar. Every day I am surrounded by a team of nearly 150 staff that give their heart and soul to serving the most vulnerable members of our community. I am also grateful for the Leadership Team I have been working beside for the last three years. One of our goals is to develop the leadership that will come after us. Our management team at TLCS is up to the task and we can't wait to see where THEY will take us! TLCS is highly respected in the community. Our partners and funders know that they can count on us to do what's right, to be accountable and deliver on our promises. We are an agency of integrity and endeavor every day to be part of the solution in our community.

Miraculous change occurs when people receive compassionate care through a variety of programs. Our clients tell us that once they have stable housing and are receiving supportive services, they are looking for meaningful activity. Many are interested in expanding their options through education or work. We listen to what they ask for and develop programs to meet those needs. The TLCS Clubhouse was a result of this dialogue with our clients. With over 250 members in just one year, miracles are happening every day.

The city and county of Sacramento, as well as the whole state of California, is experiencing a crisis of homelessness. Many of those on the streets are disabled by mental illness and drug addiction. We know there is hope for them, we experience their stories every day. As it gets harder and harder to find available housing for our clients we are constantly working to find creative solutions. We are building partnerships that will allow us to create housing capacity for those who remain homeless. We are active members of the local continuum of care lead by Sacramento Steps Forward.



Heffernan Foundation presents a check to Erin Johansen of TLCS, Inc.

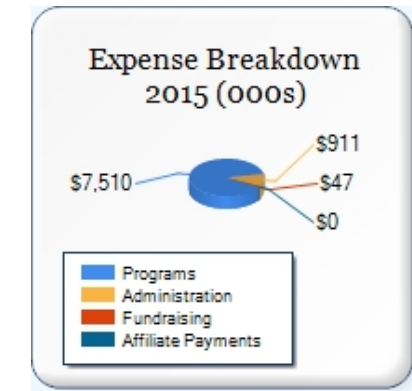
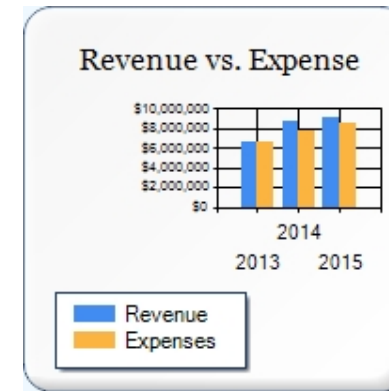
TLCS is at the forefront of the effort to provide effective alternatives to emergency room care for those experiencing a mental health crisis and these services are making a difference. Our crisis respite center and triage navigator program funded by the Sacramento County Division of Behavioral Health Services, have offered us the opportunity to create successful collaborations with system partners and we have distinguished ourselves as bridge builders with hundreds of partners from businesses, to hospital systems, government funders, law enforcement, first responders and many of our fellow non-profits. Our vision is to capitalize on all these relationships to develop systems that effect true change in the quality of life for the people we serve.

In this our 35th year, "We are transforming and empowering the lives of people with mental illness by supporting independence and preventing homelessness."



**One in four people has a mental illness.**  
You can be the **one** that helps.

# Financials

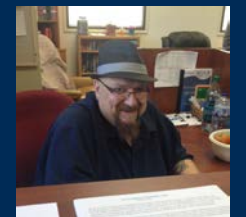


## We are grateful to our funders and sponsors for their continued support!

Bank of America  
Bank of Sacramento  
Basic Pacific  
Bronco Wine  
Cada  
California Strategies  
Capital Public Radio  
Crestwood Behavioral Health  
Darna  
Dave's Taxi  
The Diesch Family  
Dignity Health  
Empress Tavern  
Freeport Bakery  
George Ehrlick  
Gilbert Associates, Inc.  
GNT Solutions  
Governmental Advocates  
Healthnet  
Heffernan Foundation  
Heritage Oaks Hospital  
Hoppy Brewing Company  
Jamboree Housing Corporation  
JP Morgan Chase  
Kaiser Permanente  
Mayahuel Sacramento  
Miss Kitty's Catering  
Off the Vine Catering  
Old School Smoke

Pasco Education Foundation  
Premier Access Dental  
Renee Sloan Holtzman Sakai LLP  
Sacramento County of Behavioral Health Services  
Sacramento Community Foundation  
Sacramento Steps Forward  
Safelite Auto Glass  
Sharif Jewelers  
Sierra Health Foundation  
Sierra Office Supply  
SMUD  
State Farm  
Sunseri Construction  
Sutter Sacramento Sierra Region  
T Robertson Consulting  
Teichert Foundation  
Tri Commercial - Cheryl Queral  
TV Log & Entertainment  
UBS  
Umpqua Bank  
United Way  
US Department of Housing and Urban Development  
Western Health Advantage  
Wells Fargo Foundation  
Wells Fargo Insurance Services  
Windmill Cove Resort & Marina  
Zocolo Restaurant

*"I can't say enough good things about TLCS, it's not just one person or program, it's a community of people that are helping all of us. They've all helped me build my self-esteem back up to where I can work again." – Billy Teel*



**A heartfelt thank you to all the individuals and families who support our work.**