TLCS, Inc.

In Collaboration With:
Sacramento County DBHS
City of Sacramento
WellSpace Health
Heritage Oaks Hospital
Dignity Health
Kaiser Permanente
UC Davis
Sutter Health

Funding for the TLCS Crisis Respite Center provided by Mental Health Services Act (Prop 63) Innovation funds, Sacramento County and managed by Sierra Health Foundation: Center for Health Program Management.

TLCS Organizational Philosophy

TLCS embraces a diverse and culturally rich workforce. Our agency offers equal opportunity for employment and volunteer participation solely on the basis of merit, and we provide equal access to programs and services for persistently mentally ill adults, all without regard to race, color, creed, sex, age, religion, national origin, sexual orientation or disability.

LIVE UNITED

TLCS is United Way Certified Agency #3116

As a client-driven organization, TLCS is dedicated to the independence and empowerment of individuals with psychiatric and other disabilities. We work in partnerships that support recovery and expand choices.

www.tlcssac.org

Transforming Lives, Cultivating Success

TLCS 35 Years

Mental Health Crisis Respite Center

916-RESPITE
916-737-7483

Transforming and empowering the lives of people with mental illness by supporting independence and preventing homelessness.
TLCS Crisis Respite Center

The program is staffed 24/7 and will serve any individual in Sacramento County who is at least 18 years of age experiencing a mental health crisis but is not in immediate danger to self or others. All individuals utilizing the respite center may be eligible to stay up to 23 hours and expect service based in compassion, understanding and knowledge.

While at the Crisis Respite Center, the primary goal is to stabilize the individual in crisis while addressing their basic need for a safe environment and emotional support so that the person is better positioned to explore their crisis with a solution oriented mindset. Every guest will leave with an individualized resource plan.

If you or someone you know needs support during a mental health crisis for a short period of time to gain a “fresh” perspective and resources, the TLCS Crisis Respite Center was designed specifically for you.

TLCS is a private, non-profit psychosocial rehabilitation agency located in Sacramento County. We provide transitional and permanent supportive housing, and a variety of mental health services including: case management programs for people who are homeless, at risk for homelessness and have a severe and persistent mental illness, and our new, 24/7 Crisis Respite Services for any adult in Sacramento County experiencing a mental health crisis.

Founded in 1981, TLCS has grown to become a leader in providing new and innovative housing and supportive services to Sacramento’s mental health community. TLCS owns or operates 7 different residential facilities housing 148 individuals. TLCS also provides subsidized scattered site supportive housing for an additional 85 individuals.

We employ nearly 100 full-time staff and serve over 1200 clients at any point in time in our housing, residential, case management and crisis services.

TLCS is governed by a volunteer Board of Directors that represents a wide cross section of the community, including active consumer participation. TLCS programs and projects are funded through federal, state and local contracts as well as private grants and donations.