

TLCS has been providing mental health and supportive housing service for people with mental health challenges for 35 years in Sacramento County.

In 2015 we provided a full array of services including intensive case management, permanent supportive housing, life skills education, psychiatric services, therapy, residential support services, opportunities for social connectedness, meaningful activities and crisis intervention for over 3,000 people in our community. Many of our clients are homeless when they begin their TLCS journey. Our 150 dedicated and compassionate staff is committed to culturally sensitive services that support clients on their path to self-sufficiency.

Our supportive services, such as case management, supportive housing, entitlement advocacy and life skills development are tailored individually to meet the needs of the clients we serve. Therefore we offer a full array of services, delivered with the kindness and support needed for initial engagement and continued retention to this often fragile population. Our truth is that when services are provided within a non-judgmental and respectful atmosphere, the potential for life change is not only possible but at times miraculous.

We rely on generosity from government sources, corporations, foundations, and individuals in the community to help us provide support services for more than 1,200 patients annually. TLCS strives to create hope for our clients and community, so they can actively contribute to society. We would like you to join us in helping individuals make life changes as they work towards gaining a meaningful and healthy life. All donations are graciously accepted and go directly towards funding our client support programs.



"Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has."

- Margaret Mead



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**Transforming Lives,
Cultivating Success**



**Triage Navigator
Program**

***Transforming and empowering
the lives of people with mental
illness by supporting
independence and preventing
homelessness.***

Serving the Community Since 1981

The Triage Navigator Program is a collaboration between Sacramento County Department of Behavioral Health Services and TLCS, Inc. The program serves Sacramento County children, youth, transitional age youth, adults and older adults that are experiencing a mental health crisis resulting in functional impairment that interferes with primary activities of daily and independent living.



Program Goals

1. Improve client experience for those experiencing a mental health crisis in Sacramento County
2. Reduce unnecessary inpatient hospitalizations
3. Reduce unnecessary incarcerations
4. Mitigate unnecessary expenditures of law enforcement
5. Increase the number of community agencies collaborating to support individuals

How can the Triage Navigators help?

- Crisis intervention and safety planning.
- Help accessing mental health services, primary care, employment services, alcohol or drug services, financial assistance programs, services for children and families and other social services as needed.
- Peer support from staff members who have been through similar challenges.
- Education and support to help prevent future crisis.
- Navigator support for up to 60 days after intake at one of our partnering locations.



"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

- Leo Buscaglia



Locations

Triage Navigator Program Locations:

- Mercy General Hospital Emergency Department
- Mercy San Juan Emergency Department
- Methodist Hospital Emergency Department
- UC Davis Medical Center Emergency Department
- Sutter Medical Center Emergency Department
- Loaves & Fishes
- Sacramento County Main Jail

