



**TCORE** is a collaboration between Human Resources Consultants, Inc. (HRC) and TLCS to provide intensive services to adults living in Sacramento County who have a mental health diagnosis. Funded by the CA Mental Health Services Act, TCORE provides recovery-based services that meet the individual and cultural needs of the participant. TCORE offers a range of services provided by psychiatrists, nurses, therapists, personal services coordinators, and employment and benefits specialists.

**SRO Program** provides a wide variety of services to residents of the downtown single room occupancy hotels. Services include mental and physical health, life skills training, entitlements, substance abuse recovery, and socialization.

**Downtown Outreach Collaborative** is a partnership between the Downtown Sacramento Partnership, Sacramento Steps Forward, Loaves & Fishes-Genesis, and TLCS in a program designed to connect people who are homeless in the downtown core to mental health and housing services. This project is funded by Dignity Health.



## TLCS Organizational Philosophy

*We believe that the potential for life change is not only possible but at time, miraculous.*

TLCS embraces a diverse and culturally rich workforce. Our agency offers equal opportunity for employment and volunteer participation solely on the basis of merit, and we provide equal access to programs and services for persistently mentally ill adults, all without regard to race, color, creed, sex, age, religion, national origin, sexual orientation or disability.



*TLCS is United Way Certified Agency #3116*

### A recent independent review stated :

*“TLCS has created a range of exemplary housing options in this county. These housing options create a number of different programs, which creatively use diverse funding sources to maximize the number of housing options available in the community.”*

**I.D.E.A. Consulting**

- May 2011

**TLCS is the proud recipient of the 2015 Homeless Justice Award from the Sacramento Housing Alliance.**

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**Please consider including TLCS, Inc. in your will or estate plan.**

# Transforming Lives, Cultivating Success



Transforming and empowering the lives of people with mental illness by supporting independence and preventing homelessness.

**Serving the  
Community  
Since 1981**

**2015 Sacramento Housing Alliance  
“Homeless Justice Award”**

# About TLCS



TLCS is a private, non-profit psychosocial rehabilitation agency located in Sacramento County. We provide permanent supportive housing, interim housing and a variety of mental health services including: case management programs for people who are homeless, at risk for homelessness and have a severe and persistent mental illness, and our new, **24/7 Mental Health Crisis Respite Center** for any adult in Sacramento County experiencing a mental health crisis.

Founded in 1981, TLCS has grown to become a leader in providing new and innovative housing and supportive services to Sacramento's mental health community. TLCS owns or operates 7 different residential facilities housing 148 individuals. TLCS also provides assistance for an additional 168 individuals living in subsidized scattered site housing throughout the community.

We employ more than 100 full-time staff and serve over 1200 clients at any point in time in our housing, residential, case management and crisis services.

TLCS is governed by a volunteer Board of Directors that represents a wide cross section of the community, including active consumer participation.

Our programs and projects are funded through federal, state and local contracts as well as private grants and donations.

## HOUSING PROGRAMS:

TLCS provides a vast array of housing options for the mental health community.

**Palmer Apartments** is a 24-hour staffed short-term interim housing program that provides a safe, hospitable alternative to the shelters and allows individuals the opportunity to get off the streets.



**Cooperative Housing Program Residences** Each site provides unique services tailored to the needs of the individuals residing in these programs. The length of stay is indefinite.



**Cardoso Village** is a 21 unit apartment complex in South Sacramento that offers permanent housing and services to adults with psychiatric disabilities and their families.

**Folsom Oaks** is a new 18 rental-unit apartment complex near Old Town in Folsom that offers permanent housing and services to adults with psychiatric disabilities and their families. Folsom Oaks offers a tot lot, picnic area and a community room where families can enjoy educational and recreational activities.



## SERVICES:

**New Direction**, TLCS' intensive case management program is known as a Full Service Partnership (FSP) as defined by the CA Mental Health Services Act (Prop 63). Clinical staff includes psychiatrists, nurses and psychotherapists. A New Direction case manager's primary goal is to assist in securing permanent housing for the individuals we serve. They also provide substance abuse recovery support to those who are diagnosed with co-occurring disorders. These services are aimed at improving quality of life and preventing individuals from repeatedly cycling through the system. Other support services we provide include:

- Independent Living Skills
- Money Management
- Transportation Assistance
- Support & Educational Groups
- Advocacy/Referrals for Social Security and Other Entitlements

## TLCS Mental Health Crisis Respite Center

This program helps people find respite during times of crisis in a warm, comfortable environment. Staffed 24/7, the CRC serves any individual living in Sacramento County who is at least 18 years of age. The center provides non-medical services for people who need crisis intervention but are not at immediate risk to themselves or others. Culturally competent care is provided by highly trained, multilingual staff. Appropriate crisis intervention can reduce law enforcement calls for service and unnecessary emergency room visits. **Intake is conducted through a brief telephone assessment to assure the best service linkages.**

**Please call: 916-RESPITE 916-737-7483**



The Clubhouse community works to assist each member to gain independence through work, education, friendship and access to community support.